

# COFFEE MENU



## HOT

Tall Grande

Café Latte	\$3.00	\$3.50
Cappuccino	\$3.00	\$3.50
White Choc. Mocha	\$3.50	\$3.95
Caramel Macchiato	\$3.95	\$4.50
Cafe Americano	\$2.25	\$2.75
Espresso	Solo:	\$1.75
	Duplo:	\$2.25

## Cold

Iced Café Latte	\$3.50
Iced Cappuccino	\$3.50
Iced White Choc. Mocha	\$3.95
Iced Caramel Macchiato	\$4.50
Iced Americano	\$2.75

## Extras

Additional Espresso Shot	\$0.50
Add Flavored Syrup	\$0.50
• Vanilla or Caramel	
• White Choc Sauce	
Add Whipped Cream	\$0.50

# BREAKFAST SANDWICH

Croissant Turkey Sausage	\$2.25
Croissant Sausage,Egg,Cheese	\$2.25
English Muffin Turkey Sausage	\$2.25
Plant-based Patty Spinach w Egg White	\$2.25

# SNACKS

Fiber Granola Bar	\$1.00
KIND Bar	\$2.00
UCAN Bar	\$2.50
Met-RX	\$3.00
Oatmeal Pie	\$3.00
Power Protein Pie	\$3.25
Yogurt Chobani	\$1.50

# FOOD

Boiled Egg	\$0.50/2 \$0.75
Banana	\$0.75
Bagel w cream cheese	\$2.00

## Muffin

Apple Cinnamon	\$2.00
Chocolate Chip	\$2.00
Wild Blueberry	\$2.00

# BEVERAGES

Celcius	\$2.35
C4 Drink	\$3.50
Aquarius	\$1.60
Icy Spark	\$1.25
Gatorade	\$1.25
Coconut Water	\$2.50
Protein Drink	\$4.00
Kombucha	\$3.25
Water Bottle	\$1.00



# YOGURT SHAKE

## Plain Yogurt Shake

(Vanilla or Chocolate)

\$4.00

- 8oz | 248 cal
- Ice / Water 2oz

## Strawberry Banana

\$4.00

- 1 Scoop Strawberry
- 1 Whole Banana
- 6oz Vanilla Yogurt
- Ice / Water

## Honey-B

\$4.00

- 4oz Maui Banana
- 1 Whole Banana
- 6oz Vanilla Yogurt
- 1tbsp Honey
- 1tbsp Peanut Butter
- Ice / Water

## Mango

\$4.00

- 8oz Maui Mango
- 6oz Vanilla Yogurt

## Double Choice of Fruits

\$4.00

- 2 Fruits of your choice
- 6oz Vanilla Yogurt
- Ice / Water

## Triple choice of Fruits

\$4.75

- 3 Fruits of your choice
- 6oz Vanilla Yogurt
- Ice / Water

# RECOMMENDED YOGURT SHAKES

## Sunshine Shaker \$4.00

- 6oz Orange Juice
- 1 Whole Banana
- 6oz Vanilla Yogurt

## Sweet Sensation \$4.75

- 1 Scoop Strawberry
- 1 Scoop Raspberry
- 1 Whole Banana
- 6oz Vanilla Yogurt

## Blender Freeze \$4.25

- 4oz Maui Mango
- 1 Scoop Strawberry
- 1oz Coconut
- 6oz Vanilla Yogurt

# POWER PROTEIN SHAKE

## Endurance Iron Man \$4.50

- 1 Scoop Whey Protein
- 1tbsp Peanut Butter
- 1 Scoop Glutamine
- 4oz Vanilla Yogurt

## Strength Champ \$4.50

- 1 Scoop Whey Protein
- 1 Scoop Creatine
- 4oz Orange Juice
- 1/2tbsp Coconut
- 4oz Vanilla Yogurt

## Tropical Twist \$4.00

- 6oz Orange Juice
- 4oz Maui Mango
- 6oz Vanilla Yogurt

## Blueberry Balance \$4.25

- 1 Scoop Blueberry
- 1 Scoop Raspberry
- 1 Scoop Strawberry
- 6oz Vanilla Yogurt

## Island Coco \$5.00

- 4oz Maui Mango
- 1 Scoop Strawberry
- 1 Whole Banana
- 6oz Vanilla Yogurt
- 1 oz Coconut

# SMOOTHIE

## Fruits Smoothie

\$3.25

- 2 Fruits of your choice
- Ice / Water

## Whey Protein Smoothie

\$2.50

- 1 scoop Whey Protein

## Whey Chocolate Protein Smoothie \$3.50

- 1 scoop Chocolate Protein

## Choice of Fruits and Drinks \$0.75

Strawberry

Raspberry

Blueberry

Pineapple

Banana

Any Maui (Mango or Banana)

Orange (4oz)

Almond Milk (4oz)